



Menu Week 1



Snack

Bread Sticks
Raisins

Monday

Lunch

Salmon Bake
Peas, Sweetcorn
Melon, Strawberry

Tea

Mozzarella Sticks
Sausage Rolls
Vegetable Sticks, Dip
Homemade Apricot Cereal
Bar, Bananas

Tuesday

Snack

Seasonal
Fruit

Lunch

Roast Chicken, Roast Potato
Green Beans, Carrots
Fruit Yoghurt

Tea

Cracker Selection,
Cheese Salad,
Vegetable Sticks
& Dips
Fruit Malt Loaf
Grapes

Wednesday

Snack

Seasonal
Fruit

Lunch

Vegetable Kiev, Mashed Potatoes
Broccoli, Red Cabbage
Homemade Lemon Yoghurt Cake

Tea

Ripley Sausage in a Bun
Vegetable Sticks
Sugar Free Jelly

Thursday

Snack

Seasonal
Fruit

Lunch

Homemade Pork Meatballs,
Tomato and Herb Sauce, Penne Pasta
Homemade Forest Fruit Ice Cream

Tea

Homemade Vegetable & Ham
Frittata and Beans
Yoghurt & Blueberries

Friday

Snack

Seasonal
Fruit

Lunch

Beef and Vegetable Goulash
Scottish Hoggies
Fruit

Tea

Margarita Pizza &
Varied Sandwiches
Vegetable Sticks
Homemade Oat & Cranberry
Cookies
Banana

Wholemeal flour, pasta and rice are used in the meals. Yoghurt and fresh fruit alternatives available everyday. A small cube of cheese is given after each meal.